

Epsom District SC Short Course Inaugural Open Meet Saturday 26 June & Sunday 27 June 2010

SESSION 1 Saturday 26 June 2010 Warm up: 2.00-2.50pm, Start 3.00pm Registration 1.15-1.45pm (estimated finish 4.35pm)				SESSION 3 Sunday 27 June 2010 Warm up: 2.00-2.50pm, Start 3.00pm Registration 1.15-1.45pm (estimated finish 4.35pm)			
Event 1	Boys	200m I.Medley	HDW	Event 11	Girls 200m Breaststroke	HDW	
Event 2	Girls	200m Freestyle	HDW	Event 12	Boys 100M Freestyle	HDW	
Event 3	Boys	100m Backstroke	HDW	Event 13	Girls 50m Freestyle	HDW	
Event 4	Girls	100m Breaststroke	HDW	Event 14	Boys 200m Breaststroke	HDW	
Event 5	Boys	200m Butterfly	HDW	Event 15	Girls 200m Butterfly	HDW	
SESSION 2 Saturday 26 June 2010 Warm up: 4.00-5.30pm, Start 5.30pm Registration 4.15-4.45pm (estimated finish 7.05pm)				SESSION 4 Sunday 27 June 2010 Warm up: 4.45-5.30pm, Start 5.30pm Registration 4.15-4.45pm (estimated finish 7.50pm)			
Event 6	Girls	200m I.Medley	HDW	Event 16	Boys 200m Freestyle	HDW	
Event 7	Boys	200m Backstroke	HDW	Event 17	Girls 200m Backstroke	HDW	
Event 8	Girls	100m Butterfly	HDW	Event 18	Boys 50m Freestyle	HDW	
Event 9	Boys	100m Butterfly	HDW	Event 19	Girls 100m Freestyle	HDW	
Event 10	Girls	100m Backstroke	HDW	Event 20	Boys 100m Breaststroke	HDW	

Warm up:

Boys/girls will have 15 minutes each
Coaches are asked to ensure swimmers leave water by the side and do not climb over the timing pads

Notes: All ages swim together

All events are heat declared winners

Swimmers from each of the following age groups will be taken according to submitted/consideration times

9, 10, 11, 12, 13, 14, 15, 16, 17+years

The 'One Start' rule will apply to all events

Winners Medals can be collected as soon as official results are published.

Top Boy's, Top Girl's and Top Visiting Club trophies will be presented at the end of the Meet

Presentations:

TOP JUNIOR BOY

TOP JUNIOR GIRL

TOP SENIOR BOY

TOP SENIOR GIRL

TOP VISITING CLUB

AGE OF SWIMMERS WILL BE AS AT 27th JUNE 2010

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